

Accessing Each Week's Adventure is as easy as 1, 2, 3.

STEP 1: Enter the following address into your browser's address bar:

www.adventuretofitness.tv

STEP 2: Create your account

Click the "**Create Account**" button. Remember, you must use your official **school email address** to participate. This process takes seconds to complete.

Note: A validation email will be sent to your school email address. The validation email will come from admin@adventuretofitness.com. Subject line will read "**Adventure to Fitness Network Registration**". Once you click the validation link, you are ready for step three!

If you don't receive the validation email in your mailbox, please check your spam or junk mail folders.

STEP 3: Click "**Play**" to view the current week's episode or scroll down for past adventures. A Teacher Pre-Episode Guide to help in lesson planning, a Teacher Post-Episode Guide with standards-based activities to reinforce episode learning, and a Parents' Guide will also be available to download.

If you have further questions please do not hesitate to contact us.

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