# West Virginia Department of Education Kindergarten Readiness

West Virginia defines kindergarten readiness as a stage of transition that encompasses the child's various learning experiences and general knowledge, physical well-being, social and emotional development, and familiarity and ease with expressing themselves and understanding language. Children develop holistically and at an individual rate. As a result, children enter school with varied levels of skill and learning experiences. These variances are further impacted by the resources children have access to prior to entering school including home, family and community supports.

Since each child's degree of readiness differs and is highly individualized, kindergarten readiness *also* entails the capacity of schools to be prepared to serve all children effectively regardless of a child's individual developmental level in each of the five developmental domains of school readiness. The five developmental domains of school readiness are:

- 1. Health and physical development,
- 2. Social and emotional development,
- 3. Language development and communication,
- 4. Cognition and general knowledge, and
- 5. A child's individual approaches to learning.

### West Virginia Department of Education Ready-for-School Checklist – Is My Child Ready for Kindergarten?

The following indicators of school readiness are designed to you in preparing your child the transitional period of Kindergarten entry. The list of indicators is a guide to skills and experiences which are defined as developmentally appropriate for each domain. Each child develops differently in his or her own way, so the indicators should be viewed as typical daily experiences accomplished through everyday routines and activities with your child.

#### **Health and Physical Development**

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Identifies and makes healthy food choices
Participates actively in games, outdoor plan and other forms of exercise that develop large muscles
Has daily experiences incorporating healthy habits, including hand washing, covering mouth and nose when coughing or sneezing, and using and disposing of tissues
Colors, paints, scribbles, works puzzles, practices self-help skills with snapping, lacing, buttoning, and zipping and other activities that help develop small muscles
Receives regular medical. dental and vision care
Has had all necessary immunizations

## Social and Emotional Development

My child:				
	Demonstrates independence and makes choices  Adjusts to new situations and interacts with adults who are dependable and consistent  Has opportunities to be with other children and is learning to play cooperatively  Uses words solve problems and resolve conflicts; seeks adult help when needed  Can follow simple directions up to three steps  Can follow simple directions and rules for play  Is learning to complete tasks, and activities  Is curious and is motivated to learn  Expresses basic needs and feelings appropriately  Respects and shows concern for others.			
<b>Langu</b> My chi	age and Literacy			
	Has many opportunities to talk and listen to adults and children  Is able to gain meaning by listening to a variety of situations such as one-on-one conversations, story time and play  Is speaking in sentences with more than 5 words; speech is intelligible			
	Is read to everyday  Is learning about print and books  Can hold a book upright and turns the pages of a book correctly Realizes that print proceeds from left to right Knows that words are what you read Knows that words have meaning			
	Has opportunities to tell stories and re-read common books  Is beginning to recognize rhyming words  Is beginning to understand and use tenses – present, past and future			
	Recognizes and uses common opposites, such as big-little, hard-soft, wet-dry.  Has daily opportunities to draw and use writing utensils  Is learning to recognize and write her name  Has opportunities to draw, listen to and make music and to dance			
	Has opportunities to explore various environments local to the community and have hands-on experiences—to see and touch objects, hear new sounds, smell and taste foods and watch things move  Uses letter like shapes, symbols and letters to convey meaning			

## General Knowledge

My chile	d:				
	Is able to say his/her first name and know if they are a boy or a girl				
	Has opportunities to notice similarities and differences				
	Is learning to relate activities to times of the day and order of daily events				
	Is encouraged to sort and classify things				
	Is learning to count to ten and beyond				
	Is encouraged to ask questions and solve problems				
	Is learning words to describe directions, order and positions, such as up, down, first, second, in front, and behind				
	Is learning to identify and name shapes and colors				
	Show ideas and feelings through play. Uses creative play like music, dance and drama to express him or herself				
	nave concerns about your child's development, please contact your family's primary care provider or see				
list of re	esources below:				
	West Virginia Birth to Three Services 1-866-321-4RAU				
	Preschool Special Education Services 1-800-642-8541				